

ADVANCE TEACHING PLAN

MONTH	TOPIC	NO. OF HOURS	PLANNED EXAMS
DECEMBER 2024	FOUNDATION COURSE	10 DAYS	
	INTRODUCTION TO ANATOMY	01	
JANUARY 2025	INTRODUCTION TO ANATOMY	01	
	HISTORY OF ANATOMY	01	
	GENERAL ANATOMY BONE	02	
	CARTILAGE	02	
	JOINTS	02	
	CLASSIFICATION OF BONE, CARTILAGE & JOINTS	01	
	MUSCLAR SYSTEM	02	
	CVS	02	
	SKIN	02	
	LYMPHATIC SYSTEM	02	
FEBRUARY 2025	NERVES	02	Periodical I
	GLANDS	02	
	EMBRIOLOGY	20	
	INTRODUCTION TO UPPER EXTRIMITY	01	
MARCH 2025	PECTORAL REGION	01	
	MAMMARY GLAND	02	
	AXILLA	02	



	CONTENT OF AXILLA	04	
	MUSCLES OF ARM	01	
	MUSCLES OF FOREARM	04	
	CUBITAL FOSSA	01	
	JOINTS OF UPPER EXTRIMITY	06	
APRIL 2025	HISTOLOGY	10	TERMINAL I
	NERVES OF UPPER EXTRIMITY	05	
	VESSELS OF ARM & FOREARM	02	
	VENOUS DRAINAGE OF UPPER EXTRIMITY	02	
	MUSCLES OF BACK	02	
	INTRINSIC MUSCLES OF HAND	02	
	MUSCLES OF BACK	02	
	INTRINSIC MUSCLES OF HAND	02	
	REVISION	05	
MAY 2025	INTRODUCTION TO THORAX	02	
	PLEURA	02	
	LUNG	03	
JUNE 2025	MEDIASTINUM	09	
	HEART	06	
	MAJOR VESSELS OF HEART	03	



	DIAPHRAGM	01	
JULY 2025	INTRODUCTION TO NECK	01	
	CERVICAL FASCIA	02	
	TRIANGLES OF NECK	05	
	THYROID	02	
	THYMUS	01	
	FACE	04	
	SCALP	02	
	LACRYMAL APPARATUS	02	
	PAROTID GLAND	02	
AUGUST 2025	MANDIBULAR GLAND	02	PERIODICAL II
	MUSCLES OF MASTICATION	04	
	EYE – ORBIT	02	
	EXTRA OCCULAR MUSCLES	02	
	PALATINE TONCILS	02	
	TONGUE	03	
	PHARYNX	03	
	LARYNX	03	
	MANDIBULAR GLAND	02	
SEPTEMBER 2025	NOSE	03	
	EAR	03	
	INTERNAL & EXTERNAL CAROTID ARTERY	02	

	VERTEBRAL ARTERY	02	
	INTERNAL JUGULAR VEIN	02	
	CNS INTRODUCTION	01	
	MENINGES	02	
	EAR	03	
	INTERNAL & EXTERNAL CAROTID ARTERY	02	
	VERTEBRAL ARTERY	02	
	INTERNAL JUGULAR VEIN	02	
OCTOBER 2025	CSF	02	ERMINAL II
	CEREBELLUM	03	
	SPINAL CORD	01	
	CEREBRUM	03	
	PONS	02	
	MEDULLA	02	
	MIDBRAIN	02	
	VENTRICULAR SYSTEM BRAIN	03	
	BASAL GANGLIA	01	
	BLOOD SUPPLY OF BRAIN	01	
	CRANIAL NERVES	06	
NOVEMBER 2025	INTRODUCTION TO LOWER EXTRIMITY	01	
	FEMORAL TRIANGLE	02	



	FEMORAL ARTERY, VEIN, NERVE	02	
	THIGH ANT. COMP	02	
	THIGH MED. COMP	01	
	GLUTEAL REGION	02	
DECEMBER 2025	BACK OF THIGH	02	
	POPLITEAL FOSSA	02	
	LEG BACK	0	
	LEG ANT. & LAT. COMP	01	
	FOOT	02	
	RETINACULUM	02	
	JOINTS OF LOWER EXTRIMITY	02	
JANUARY 2026	LUMBAR AND SACRAL PLEUXES	04	PERIODICAL III
	ARTERIES OF LOWER EXTRIMITY	02	
	NERVES OF LOWER EXTRIMITY	02	
	LAYERS OF SOLE	02	
	ARCHES OF FOOT	02	
	INTRODUCTION TO ABDOMEN	01	
	ANTERIOR ABDOMINAL WALL	02	
FEBRUARY 2026	PERITONEUM	01	
	STOMACH	02	
	LIVER	02	
	GALL BLADDER	02	

